




















































































































































































































Sample Engagement Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
All Activities Are Subject To Change.		 7:00- 9:00 Gentle Waking, VN  9:00-11 Active Living-Chair Yoga, VN  11:00 Active Living w/ Lauren- Get Fit, VP  1:00-4 Creative Expressions - Words with Friends, VN  2:30 New Years Day Social, VN  4:00 Transition Time= Resident Music Hour, VN  6:00-8p Community Connection- Movie Night, VP	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Walking Club, VN  10:00 -11 Active Living- Yoga With Cheryl, VP  1:00-4p Creative Expressions- Jewelry Making w Sarita, VN  4:00 Transition Time- Resident Music Hour, VN  6:00-8p Community Connection- Comedy Movie Night, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Chair Yoga, VN  11:00 Transition Time- Music Hour, VN  1:00-4p Creative Expressions- Valeo Baking Club, VD  4:00 Transition Time- Resident Music Choice, VN  6:00-8p Community Connection- Game Night, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00 -11 Active Living-Sittercise- Ball Toss, VN  10:00 Active Living- Table Tennis Tournament, VP  11:00 -1:00 Transition Time-Poems, Chicken Soup For the Soul, VN  4:00 Transition Time- Resident Music Hour, VN  6:00-8p Community Connection- Game Night, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living- Sit and Be Fit, VN  11:00 Transition Time- Current Events, VN  1:00-4p Creative Expressions - Create and Compose, VN  4:00 Transition Time- Resident Music Hour, VN  6:00 -8p Community Connection- Movie Night, VN
6	7	8	9	10	11	12
 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living- Sit and be Fit, VN  10:00 Spiritually Minded-Sunday Services, VP  11:00 Transition Time- Resident Music Hour, VN  1:00 -4p Creative Expressions - Creative Corner, VP  4:00 Transition Time, VN  6:00-8p Community Connection- Game Night, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00 Active Living- Lets' Bowl, VP  11:00 Transition Time-Resident Music Hour, VN  2:00-3:00 Entertainment with Bruce Anderson, VP  4:00 Transition Time, VN  6:00-8p Community Connection- Game Night, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living- Get Fit w/ Lauren, VN  11:00 Create and Compose, VN  1:00 Entertainment w/ DJ Styles, VN  1:00-4p Creative Expressions - Words with Friends, VN  4:00 Transition Time-Resident Music Hour, VN  6:00 -8p Community Connection- Movie Night, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Walking Club, VN  10:00-11 Active Living- Yoga w/ Cheryl, VP  11:00-1p Transition Time- Aromatherapy Hand Massages, VN  1:00-4p Creative Expressions -Lets Travel Color and Create, VN  4:00 Transition Time- Legacy Kits and Chicken Soup Stories, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00 -11 Active Living- Walking Club, VN  11:00 Transition Time-Resident Music Hour, VN  1:00-4p Creative Expression-Cooking Club, VD  4:00 Transition Time, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00 Active Living, VP  11:00 Transition Time- Resident Music Hour, VN  1:00-4p Creative Expressions- Paint Party w/ Team, VP  4:00 Transition Time- Legacy Kits, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11  Active Living-Chair Yoga, VN  11:00-1p Transition Time- Aromatherapy Hand Massages, VN  1:00-4p Creative Expressions -Create and Compose, VN  4:00 Transition Time, VN  6:00-8p Community Connection, VN
13	14	15	16	17	18	19
 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00 -11 Active Living-Walking Club, VN  10:00 Spiritually Minded, VP  11:00 Transition Time- Music Hour, VN  1:00-4p Creative Expressions - Creative Corner, VP  4:00 Transition Time, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00-12 Active Living- Lets Bowl, VP  11:00 Transition Time, VN  2:00-4p Milkshakes and Manicures, VP  4:00 Transition Time, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Get Fit w/ Lauren, VN  11:00 Transition Time, VN  1:00-4p Creative Expressions- Brain Games, VN  2:30 Afternoon at the Movies, MT  4:00 Transition Time, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Walking Club, VN  10:00-11 Active Living- Yoga w/ Cheryl, VP  11:00-1p Transition Time- Aromatherapy Hand Massages, VN  1:00-4p Creative Expressions - Arts and Crafts, VN  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Chair Yoga, VN  11:00-1p Transition Time- Pet Therapy w/ Janet, VN  1:00-4p Creative Expression-Cooking Club, VD  4:00 Transition Time, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00-12 Active Living- Roll the Dice, VP  11:00 Transition Time-, VN  11:00 Valeo Lunch Club Trip to Red Robin, VD  4:00 Transition Time- Legacy Kits, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Chair Yoga, VN  11:00-1p Transition Time- Aromatherapy Massages, VN  1:00-4p Creative Expressions - Color and Create, VN  4:00 Transition Time, VN  6:00-8p Community Connection, VN
20	21	22	23	24	25	26
 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Walking Club, VN  10:00 Spiritually Minded, VP  11:00 Transition Time, VN  1:00-4p Creative Expressions - Creative Corner, VP  4:00 Transition Time- Resident Music Hour, VN  6:00-8p Community Connection- Game Night, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00-12 Active Living- Lets Bowl, VP  11:00 Transition Time, VN  2:00-4p Movies and Manicures, VP  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking-, VN  9:00-11 Active Living-Get Fit w/ Lauren, VN  11:00 Transition Time- Resident Music Hour, VN  1:00-4p Creative Expressions- Words w/ Friends, VN  2:30 Afternoon at the Movies, MT  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Walking Club, VN  10:00-11 Active Living- Yoga w/ Cheryl, VP  11:00-1pm Transition Time- Aromatherapy Hand Massages, VN  1:00-4p Creative Expressions -Arts and Crafts, VN  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Chair Yoga, VN  11:00-1p Creature Comforts, VN  1:00-4p Creative Expression-Cooking Club, VD  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00-12 Active Living- Roll the Dice, VP  11:00 Transition Time- Create and Compose, VN  1:00-4p Creative Expressions, VN  4:00 Transition Time- Legacy Kits, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Chair Yoga, VN  11:00-1p Transition Time- Aromatherapy Hand Massages, VN  1:00-4p Creative Expressions -, VN  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN
27	28	29	30	31	MEETING PLACES	DIMENSIONS OF WELLNESS
 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00-11 Active Living-Walking Club, VN  10:00 Spiritually Minded, VP  11:00 Transition Time-Resident Music Hour, VN  1:00-4p Creative Expressions - Creative Corner, VP  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00-11 Active Living-Sittercise, VN  10:00-12 Active Living- Lets Bowl, VP  11:00 Transition Time, VN  2:00-4p Milkshakes and Manicures, VP  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking-Morning Silliness, VN  9:00-11 Active Living-Get Fit w/ Lauren, VN  11:00 Transition Time- Resident Music Hour, VN  1:00-4p Creative Expressions- Words with Friends, VN  2:30 Afternoon at the Movies, MT  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking, VN  9:00 -11 Active Living-Walking Club, VN  10:00-11 Active Living- Yoga w/ Cheryl, VP  11:00-1p Transition Time= Aromatherapy Hand Massages, VN  1:00-4p Creative Expressions -Arts and Crafts w. Team, VN  4:00 Transition Time- Create and Compose, VN  6:00-8p Community Connection, VN	 7:00-9:00 Gentle Waking- Morning Silliness, VN  9:00 -11 Active Living-Chair Yoga, VN  11:00-1p Creature Comforts, VN  1:00-4p Creative Expression-Cooking Club, VD  4:00 Create and Compose, VN  6:00-8p Community Connection, VN	VN - Valeo Neighborhood VP - Valeo Parlor VD - Valeo Dining MT - Movie Theater	 Physical  Social  Spiritual  Intellectual